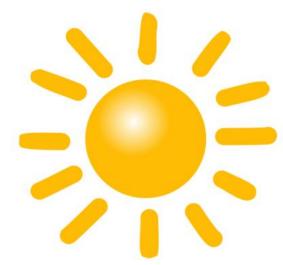
Common Prayers to be Known in Year Three at St Ambrose Catholic **Primary School** 





## Morning Prayer - KS2

O Jesus,
through the most pure heart of Mary,
I offer you all my prayers,
thoughts, works and sufferings of this day
for all the intentions of your most Sacred heart.



### **Grace Before Meals – KS2**

Amen

Bless us, O Lord, and these your gifts which we are about to receive from your bounty. Through Christ our Lord.



### **Grace after meals – KS2**

We give you thanks, Almighty God, for all your benefits, who live and reign, world without end. Amen



## Prayer at the end of the day – KS2

Lord Jesus Christ, As we come to the end of this school day, Help us to reflect and to pray:



For the difficulties I have known, I ask for your help.

For the blessings I have received; I thank you.

May I seek to be an instrument of your peace in my home today.

Each day is a gift.

May I look forward to a new start tomorrow.

May the journey of my life be an experience of your love, your compassion, your forgiveness and your peace



Amen.

### An Act of Contrition

O my God,
bcause you are so good,
I am very sorry that I have sinned against you,
and with the help of your grace
I will not sin again

# Prayer to the Guardian Angel

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

## Prayer of St. Richard of Chichester

Day by day, O dear Lord, three things I pray: to see you more clearly, love you more dearly, follow you more nearly, day by day, by day, by day. Amen.

Act of Faith, Hope and Love

Jesus, I believe in you. Jesus, I hope in you. Jesus, I love you.



### **Act of Faith**

My God, I believe in you and all your Church teaches, because you have said it and your word is true.



## **Act of Hope**

My God, I hope in you, for grace and for glory, because of your promises, your mercy and power.



#### **Act of Love**

My God, because you are so good, I love you with all my heart, And for your sake, I love your neighbour as myself

